

Gateway Cross Country

Parent Permission for off campus distance running workouts

Student Name: _____

A few times a week the Gateway Cross Country runners enjoy leaving campus as part of their distance workout. Athletes will be given clear expectations of behavior and the course they are to run. They will be accounted for upon their return and a coach will be out on the course with them to monitor the workout.

As the parent/guardian of the above named student I give permission for my child to leave campus for the distance workouts.

Parent Signature: _____ Date: _____

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